

Tour of the Halkyns and Denbigh Moors

DISTANCE 208 KILOMETRES [130 miles] CLIMBING approx 1850 METRES

This a scenic but strenuous ride which visits Llyn Tegid [Bala lake] and the town of Bala, after passing through the Cloclaenog Forest it visits the historic town of Ruthin. The ride climbs over the Llandegla Moors and then visits Llogerheads Country Park. The route then takes riders onto the Halkyns which offer superb views across the Dee and Mersey Estuaries. The route takes riders past the viewing point at Gwaenysygor, this offers splendid views of Snowdonia, the Welsh coast and on a very clear day across the sea to the Isle of Man. Riders descend steeply to the seaside town of Prestatyn and join the National Cycleway Route 5 passing through Rhyl to Abergele where the route turns inland and climbs through the villages of Llanfair T.H and Llansannan to the remote Denbigh Moors. Riders pass Llyn Brenig and drop to the village of Cerrig' before following the A5 back to Corwen. The ride visits some unpopulated & fairly remote areas. The weather can change very quickly, especially in the winter, riders are advised to carry spare clothing, food & drink, & tools etc.

This ride is based on the Clwydian 200k Audax Organised by CTC Cymru, & has been funded by ADFYWIO {Rural Recovery for Wales} & THE CTC COUNTRYSIDE TRUST.

CORWEN to RUTHIN DISTANCE 79K. [49M]	Distance KM
L OUT OF Green Lane Public CAR PARK R @ T onto A5	0.1
L Sp LLANDRILLO [B4401]	0.8
L by Bryntirion Pub Sp Llangynog	14.0
R @ T Sp Bala	15.8
L imm' before lake Sp LLANUWCHLLYN [B4403] & Continue around lake	20.5
R @ T Sp BALA [A494]	26.6
thro' BALA & L @ XR Sp Trawsfynydd A4212	35.0
R Sp CERRIGYDRUDION [B4501]	39.0
R opp chapel Sp LLANGWM {47.0} & L @ T No Sp	51.5
To visit Country Cooks Café or return to CORWEN R @ T & R @ T onto A5 café {Imm on L.} {To return to CORWEN carry SO makes a 64k{40M] ride After visiting Café retrace steps	
L @ XR NO Sp onto A5	53.0
R SP CERRIGYDRUDION shops toilets etc {Café on L on A5 after turning}	56.0
R @ T in Cerrig' Sp Ruthin	56.5
Descend to LLANFIHANGEL	61.0
Climb to CLOCLAENOG FOREST passing Farm Park/café & Forest Visitor Centre both Sign Posted on R Descend thro' LLANFWROG {Old Cross Keys on R] to RUTHIN where SO @ roundabout	78.0
R over bridge SP Town Centre & climb to Square	79.0
To Visit Craft Centre take 2nd exit @ RBT by HSBC Bank & Descend to RBT, Craft Centre on L. Retrace steps after visit	

RUTHIN TO PENSARN 72k [45m]	Distance KM
At RBT in Square take 4th exit Sp Bala A494	79.6
L SP LLANFAIR D.C {1st L to Eyarth Station B&B}	81.6
R @ T onto A525 & imm L SP PENTRECELYN	82.4
R @ XR Sp	83.5
Continue PENTRECELYN L [ie SO] Sp LLANDEGLA	87.0
L @ T SP Llanarmon DC {89.8} & R @ XR Sp LLANDEGLA	90.5
L @ XR in LLANDEGLA Sp Chester A5104	91.7
Descend & pass LIVER PH take 2nd L ie {STRAIGHT ON} Into FFORD RHOS	95.1
L @ 2nd XR Sp NERCWYS	95.6
Fork L [ie straight on] No Sp?	98.1
R @ T & imm L Sp GWERNYMYND	99.2
L @ T A494{To visit Town of Mold R, then retrace route}	101.6
R @ XR SP GWERNAFFIELD OR to visit Loggerheads Country Park, Café Toilets, Shops X footbridge opp' pub to enter park. {Retrace to XR after visit where L}	102.8 {103.3}
So @ XR into Church Lane	105.4
L @ T NO SP	106.4
X River & R @ T NO SP	108.2
R @ T onto A541	108.5
1st L Sp RHOESMOR & CLIMB thro RHOESMOR	109.3
Descend, pass BLUEBELL Pub L sp "7T Except Access"	113.7
R SP WINDMIL	114.6
L @ XR SP Babell	116.2
So @ XR SP Babell	118.8
Fork R uphill NO SP [on a bend] EASY TO MISS!	120.1
So @ Staggered XR SP Caerwys	121.5
R @ XR SP A55	124.0
1st L SP DEAD END over A55 & thro' farm	124.5
R @ T NO SP	127.0
1st L Sp Cwm [by scrap yard]	127.5
R @ T NO SP	130.0
2nd R @ Grass triangle SP TRELAWNYD?	131.5
L @ T in TRELAWNYD	132.6
2nd R Sp GWAENYSGOR	133.1
SO @ XR Sp GWAENYSGOR & climb {VIEWING POINT on L} STEEP DESCENT 1 IN 3! With hairpins	134.5
R @ T NO SP	136.5
L @ T in PRESTATYN SP RHYL [A547]	137.0
R @ RBT SP Town centre	137.6
SO @ TL SP BEACH	138.6
Follow to seafront & R into car park	139.4
R Thro gap in wall & L onto Cycle Path {Route 5}	139.6
Follow along seafront to RHYL either R onto road or use Cycle Path] to RBT by bridge 2nd exit @ RBT & X River Clwyd SP Abergele	146.2
R @ TL sp BEACH	147.0
Thro' Car Park & L onto cycle path {GOOD VIEWS} & follow to PENSARN & R @ T	151.8
Cyclists use PANTRI BACH Café on R	152.0

PENSARN to CORWEN 56KM [35m]	Distance KM
R Out of café & X railway R @ T NO SP {L to Town Centre}	153.2
L by GWRyCH CASTLE gatehouse	153.5
R @ T A548 & follow to LLANFAIR TH	154.5
L in LLANFAIR TH SP LLANSANNAN	161.5
Thro LLANSANNAN & climb, R SP Hafod Daffyd	170.6
Keep L & Climb & R @ T A543	174.6
L SP LLYN BRENIG, CERRIGYDRUDION	175.3
L To visit LLYN BRENIG visitor centre & café SP LLYN BRENIG {CLOSED IN WINTER} After visit follow exit signs & rejoin route	
Descend, climb & descend to CERRIG' & R @ T	190.0
1st L [by church]	190.3
L ONTO A5 [R to Café imm' on L]	190.8
Continue on A5 to CORWEN	208.0

ABBREVIATIONS

IMM' = immediately,
 K = KILOMETRES,
 L = LEFT,
 OPP' = opposite,
 PH = PUB
 R = RIGHT,
 RBT = ROUNDABOUT,
 SO = STRAIGHT ON,
 SP = SIGN POST,
 T = T JUNCTION,
 THRO' = THROUGH,
 TL = TRAFFIC LIGHTS,
 X = CROSS,
 XR = CROSS ROADS.

OS MAPS 116,117,125 APPLY.

Places in Capitals you go through.

PLACES to STAY.

CORWEN

The Corwen Manor Craft Centre Tel: 01490 413196

The Central Hotel Tel:01490 412462

RUTHIN

Ye Old Cross Keys Llanfwrog. Tel: 01824 705281

Eyarth Station, Llanfair DC. Tel: 01824 703643

PRESTATYN

Hawarden House, Victoria Road. 017455855395

LLANSANNAN

Red Lion Hotel Tel: 01745 870256

PLACES of INTEREST

CORWEN

The Corwen Manor Craft Centre

BALA

The Bala narrow Gauge Railway
Cloclaenog Forest The Visitor Centre. Farm Park

RUTHIN

Historic Town & Craft Centre

LOGGERHEADS COUNTRY PARK Visitor Centre

LLYN BRENIG

Visitor Centre

CYCLE SHOPS

BALA

Roberts Cycles, High Street. 01678 520252

Mold

Graffiti Cycles, Chester Street 01352 759878

RUTHIN

Cellar Cycles, Well Street 01824 707133

RHYL

Hughes Cycles, 21 Bodfor Street 01745342012