

LLYN CLYWEDOG and the DYLFIFE GORGE[an option]

Route Information

Distance 69km [43m] or 56km [35m] or 32km [20m] .Grade Strenuous. Time to allow 3.5 to 6hrs. or 3 to 5.5 hrs using short cut Short Route 2 to 3hrs.

Terrain

A very scenic ride around the **Clywedog Reservoir**, with the option of visiting the **Dylife Gorge**.The roads are undulating with several long climbs ,especially on the full route.The ride visits some remote areas,& riders are advised to carry their own food & drink, & spare clothing.If riding the route in winter riders are advised to check the weather forecast before leaving.

Getting there by car Llanidloes is situated on the A470 to the West of Newtown.

Getting there by train The nearest station is Newtown .If coming by train the route can be joined at Clatter

Attractions

In addition to the scenery, the reservoir & Visitor Centre of **Llyn Clywedog and theDylife Gorge** ,Llanidloes is an interesting town with several local attractions. Llanidloes has a Tourist Information Centre.Tel 01686 412605 It has a cycle shop LES'S CYCLES situated in the car park where the ride starts.

Food & Drink

There are plenty of pubs & cafes in Llanidloes.Cobblers Tea Room, High Street, Llanidloes National Milk Bar [excellent deserts] Great Oak Street Llanidloes Tel 01686412643 The Star Inn Dylife[open lunchtimes during the summer, children Welcome] There are picnic benches at Llyn Clywedog & a snack bar

ROUTE DESCRIPTION

The ride starts from the free car park off A470

1 TL out of car park & pass Old Market Hall

2 TL @ RBT SP LLYN CLEWEDOG, STAYLITTLE[B4569] 0.4KM [0.25M]

3 Cross River & 1st TL SP LLYN CLEWEDOG[B4518]0.5KM [0.3M] ,& climb steadily

4 TL SP **LLYN CLYWEDOG SCENIC ROUTE** 3.6 KM[2.25M] continue along this lane & cross Afon [river] Clywedog.At LH bend TR for Dam viewing point, toilets snack bar. After visiting viewing point retrace steps & TR to continue around lake.6.5km [4.m]*Alternative route is to continue on B4518 to STAYLITTLE.,this shortens the ride by 4km [2.5m]*

5 Continue around lake [picnic area & toilets on R on lakeside] TR @TJ SP STAYLITTLE LLANBRYNMAIR.13.2KM [8.25M]

6 Pass through forestry plantation, cross Afon Llwyd & TL in STAYLITTLE SP LLANBRYNMAIR 16.8KM [10.5M] **To follow short route TR SP LLANIDLOES & follow the B4518 back to LLANIDLOES.The route is undulating with a couple of steep climbs, but you are rewarded with excellent views. At TJ with B4569 TR SP LLANIDLOES & retrace route back in to town & end of ride.**

7 TL SP **DYLIFE GORGE** Machynlleth *Cycle Route 8* 18.4km[11.5m]

8 **DYLIFE GORGE VIEWING POINT & INFO BOARD ON R** 19.2KM[12M] For scenic loop continue **OR** Retrace route to TJ & TL. *This shortens route by 13km [8m]*

9 Continue through DYLIFE [Star Inn PH on R SP *STAR INN*] 20.5KM [12.8M]Climb & descend ,with spectacular panoramic views TR SP TALLYWERN 29.6 KM[18.5M]Leave Cycle Route

10 Pass through MELINBYRHEDYN & Keep L 31.2 KM [19.5m]

11 TR in TAL-Y-WERN SP DOLGADFAN 33.1KM [20.7m] & TR @ TJ NO SP 33.5KM [20.9m]

12 Ignore all turnings & continue to XR [where routes rejoin] SO @ XR SP BONT DOLGADFAN 41.1KM [25.7m] **OPTION** To reduce distance TR onto B4518 & follow to LLANIDLOES.TR @ TJ SP LLANIDLOES & retrace route back into town & end of ride.63KM [39.5m]

13 Pass through village & continue to TALERDDIG TR @ TJ NO SP onto A470 46.1KM[28.8m]

14 Continue on A470 through CARNO & TR in CLATTER.NO SP 55.5KM [34.7m]

15 TR @ TJ onto B4569 NO SP 60KM [37.5m]

16 Pass through TREFEGLWYS & descend to LLANIDLOES Take 3rd exit @ roundabout SP Town Centre 68.5 KM [42.8m] & retrace route back to car park & end of ride.69 KM [43m]