

CTC Cymru Touring Rides - 4

THE CENTRAL 100 [105KM]

A scenic ride which can be ridden over 1 or 2 days it visits the historic market town of Ruthin, The Horseshoe Pass & the Upper Dee Valley. Accommodation details can be obtained from the Tourist Information Centre, Ruthin 01824 703392. The nearest station is Chirk on the Shrewsbury Chester line.

ROUTE DESCRIPTION

A nice scenic ride which uses mainly lanes & B roads & is not **that** hilly but there is some climbing involved, especially to the Clocaenog Forest, & out of the Vale of Clwyd to Llandegla & then to the summit of the Horseshoe pass.

Abbreviations

IMM' = IMMEDIATELY.

L = LEFT.

R = RIGHT.

RBT = ROUNDABOUT.

SO = STRAIGHT ON.

T = T JUNCTION.

THRO' = THROUGH.

X = CROSS.

XR = CROSS ROADS.

OS Maps 116 & 125 Apply.

Organised by Chester & North Wales CTC

SPEEDS MIN 12.5 MAX 25

AAA NIL [1050 Metres]

CORWEN TO COUNTRY COOKS [39KM]

Places you go thro' are in BOLD CAPITALS	Distance Km
START Green Lane Car Park CORWEN.	
R out of Control onto A5.	
L SP LLANDRILLO B4401.	0.9
L by BRYNTIRION PH SP Llangynog.	14.0
R @ T SP BALA B4391.	16.0
INFO CONTROL @ LAY BY on L by Ty Isaf Farm.	19.0
SO @ Staggered XR in BALA Sp Trawsffynydd.	23.0
R BEFORE Frongoch Sp Cerrigydrudion B4501.	26.2
R OPP Chapel Sp LLANGWM .	34.0
THRO LLANGWM & R @ T No SP.	38.4
R @ T onto A5.	38.7
IMM L TO CONTROL @ COUNTRY COOKS .	39.0

COUNTRY COOKS TO CASTLE PARK CAFÉ 27k

	Distance Km
R out of Control & IMM L [retrace steps].	39.6
SO @ XR NO SP.	41.5
CLIMB keep R at top, & descend to LLANFIHANGEL .	
R @ T SP RUTHIN onto B5105.	45.5
L @ XR in Clocaenog Forest SP CYFFYLLIOG .	51.1
R @ XR INFO CONTROL .	55.0
Cont thro CYFFYLLIOG & BONTUCHEL .	
L @ T in LLANFWROG B5105.	64.0
SO @ RBT into RUTHIN.	65.0
R by garage SP Town Centre.	65.8
CONTROL on R @ CASTLE PARK CAFÉ .	66.0

RUTHIN to PONDEROSA 17k

	Distance Km
R out of café & climb to Town Centre.	
3 rd exit @ RBT {to L of Nat West bank}.	66.5
R @ T SP Hospital.	67.2
2 nd L SP Hospital (after pedestrian crossing).	67.5
R @ T B5429.	69.0
L @ end of straight Sp PENTRE COCH.	69.8
Fork L @ top of climb & Climb <i>THE SHELF.</i>	72.0
R @ XR.	76.5
L @ T SP Wrexam.	77.5
1st R Sp Llangollen.	77.8
SO @ RBT SP HORSESHOE PASS.	79.0
CLIMB TO CONTROL @ PONDEROSA Café or SHOP.	83.0

HORSESHOE TO CORWEN [23KM]

	Distance Km
L out of Control to top of HORSESHOE Height [1367 feet].	
Descend Horseshoe R soon after BRITTANIA PUB.	87.0
R @ T.	88.6
Thro' RHEWL INFO CONTROL.	92.0
R @ T onto B5437 & Thro' CARROG.	99.5
L SP CORWEN.	104.2
R TO CONTROL @ CENTRAL HOTEL.	105.0